

Nuts	Cost per 100g	Seeds	Cost per 100g	Oats, pasta, snacks	Cost per 100g	Dried fruit	Cost per 100g	Pulses	Cost per 100g	Grains	Cost per 100g	Cleaning Refills	Cost per 100ml	Pantry Items	Cost per unit	Kitchen Utensils	Cost per unit	Cleaning Utensils	Cost per unit	Toiletries & Self Care	Cost per unit
Roasted Salted Peanuts	2.8	Decaf ground coffee	2.5	Jumbo oats	0.29	banana chips	0.86	Whole blue peas	0.35	Quinoa whole grain	0.88	Laundry Liquid - Neroli	0.58	Baked Beans organic	€1.80	Ziplock Pouches 1000ml	7.95	Compostable Kitchen Roll	15	Bamboo Toothbrush	3
Cashews	1.5	Decaf coffee beans	2.5	Barley flakes organic	0.33	apple rings	1.2	Whole yellow peas organic	0.4	Wholemeal couscous organic	0.44	Laundry Liquid - Unscented	0.65	Coconut Milk organic	€2.25	Ziplock Pouches 15000ml	9.5	Natural Latex Rubber Gloves	3	Kids Bamboo Toothbrush	2.7
Cashews organic	2.5	Coffee beans	2.5	Pearl barley grain	0.33	mango slices	2.5	Red kidney beans	0.27	Couscous	0.2	Washing Up Liquid - Ginger	0.33	Coconut Oil	€2.45	Reusable Baking Liner	12.99	Mini Dustpan & Brush	14	Toothpaste Tablets (per 100g)	12.8
Peanuts organic	0.8	Sour dough botanical blend	0.5	Bulgur wheat	0.45	apricots organic	1.8	Pinto beans	0.24	White basmati rice organic	0.46	Washing Up Liquid - Unscented	0.33	Vegan Hollandaise Sauce	€2.75	Compostable Coffee Filters x 4	4	Toilet Brush & Bucket	9.8	Mouthwash Tablets (per 100g)	12.8
Salted peanuts	0.9	Pine kernels organic	4.5	Popcorn organic	0.28	glace cherries	0.75	Split fava beans organic	0.35	Long grain brown rice	0.3	Laundry Powder - Petitgrain	0.38	Egg Free Mayo	€2.65	Compostable Coffee Filters x2	3	Food Waste Bags x25	7.5	125 Toothpaste Tabs Jar	4.99
Almonds	1.6	Brown linseed	0.48	Emmer & fava bean seeds	0.58	Pitted dates organic	0.4	Whole fava beans organic	0.4	Azobio rice	0.38	All Purpose Cleaner - Honeysuckle	0.33	Capers	€1.70	Silicone Stretch Lids x2	12.95	Wheelee Bin Liners x3	5.8	124 Toothpaste Tabs Refill	4.99
Almonds organic	2	Poppy seeds	0.9	Spelt kahl	0.48	Pitted dates	0.6	Aduki beans organic	0.7	Millet organic	0.44	Hand Soap - Fig Leaf	0.5	Capers organic	€3.50	BeeSwax Food Wraps x3	15.99	Bottle Brush	3	Electric Toothbrush Head x4	10
Almond meal	2.2	Pumpkin seeds organic	1.2	Spelt conchiglie	0.48	Cranberries organic	2.2	Black eye beans	0.7	Tapioca seed pearls	0.68	Hand Sanitiser Gel	0.68	Chouai Hot Sauce	2.19	BeeSwax Food Roll 30x150cm	15.99	Compostable Sponge Cloths x4	6.99	Bamboo Interdental Brush x5	3.5
Almonds flaked	1.4	Cacao nibs organic	2.8	Spelt casarecse	0.48	Dried figs	0.85	Butter (Limai) beans	0.46	Wholegrain spelt organic	0.49	Rinse Aid	0.29	Basil and Passata	1.6	BeeSwax Food Roll 40x200cm	19.99	Handmade Lavender Candle	9.99	Corn Dental Floss	4.99
Macadamias	3.75	Coconut desiccated organic	1	Spelt rigatoni	0.48	mulberries organic	0.63	Soya beans organic	0.63	Spring wheat wholegrain organ	0.27	Cleaning Vinegar	0.2	Ketchup organic	3	Wooden Kitchen Tongs	3	Reed Diffuser	19.99	Dental Floss Refill	4.99
Pecans	2.08	Coconut chips	1.4	Rice crackers	1.02	pitted prunes	0.9	Marrowfat peas	0.35	Wholegrain rye organic	0.49	Bicarbonate of Soda	0.42	Tomato Paste organic	1.35	Wooden Whisk	5.5	Olive Wood Soap Dish - large	9	Copper/Stainless Steel Tongue Scraper	4
Walnut pieces	1.55	Brown linseed	0.48	Dark chocolate buttons	2.8	currants	0.85	Mung beans	0.5	Yr wholemeal flour stoneground org	0.2	Citric Acid	0.33	Vegan Basil Pesto	3.15	Wooden Spoon	1.15	Olive Wood Soap Dish - retriangl	8.5	Truthpaste Original/Charcoal	8.99
Walnuts organic	1.95	Sesame seeds	1	White chocolate buttons	2.95	naisins organic	0.8	Chickpeas organic	0.58	Yellow pea flour organic	0.58	Pureness Shampoo	3	Vegan Sundried Tomato Pesto	3.15	Wooden Potato Peeler	3.7	Olive Wood Soap Dish - oval	6.99	Truthpaste Kids	8.99
Brazil nuts broken	2.2	Golden linseed	0.48	vegan fizzy sweets	1.2	sultanas	0.67	Green lentils	0.56	buckwheat flour organic	0.55	Coie & Co. Shampoo	1.7	Thai Green Curry Paste	2.7	Wooden Nut Cracker	14	Handmade Ceramic Soap Dish	16	Fit Pli Deodorant 25ml	5
Brazil nuts organic	2.5	Hemp seeds	0.85	brown cane sugar	0.24	Goji berries	1.8	brown lentils organic	0.35	brown cane sugar	0.35	AlterNative Shampoo	1.5	Thai Red Curry Paste	2.7	Wooden Biscuit Roller	15	Compostable Sponge x2	4.2	Fit Pli Deodorant 100ml	10
Hazelnuts organic	2.18	Chia seeds organic	1.85	cane sugar organic	0.78	red lentils organic	0.4	red lentils organic	0.4	cane sugar organic	0.4	SESI Shampoo	1.2	Indonesian Rendang Curry Paste	2.9	Wooden Lemon Reamer	3.5	Coconut Scrub Pad	2	Bleak Crystal Deodorant	14
		Sunflower seeds organic	1	rolled oats organic	0.36	Moong mix	0.26	Moong mix	0.26	Moong mix	0.26	SESI Shampoo Bottle	10	Fermented Naked Barley	3.3	Wooden Coffee Measure	1.8	Loofah Scrub Pad	2.9	Lavender & Bergamont Deodorant	8
				Tropical museli	0.66	Moong dahl	0.78	Moong dahl	0.78	Moong dahl	0.78	Green Laurels Shampoo Bar	8.99	Brown Rice Miso - 150g	3.29	Mini Wooden Scoop	2.4	coconut Scrubbing Brush - large	4.9	Body Cream 25ml	8
				Four grain museli organic	0.62	Roasted salted fava beans	0.89	Roasted salted fava beans	0.89	Roasted salted green peas	0.89	AlterNative Shampoo Bar	4	Brown Rice Miso - 300g	4.99	Wooden Scoop	2.6	Coconut Scrubbing Brush - medki	2.8	Charcoal Detox Bar	3.5
				Deluxe museli organic	0.9	Roasted salted green peas	0.89	Roasted salted green peas	0.89	Roasted salted green peas	0.89	Pureness Conditioner	3.6	BNUTZ Handmade Nut Butters	6.5	Basket Tea Infusers	4	Coconut Scrubbing Brush - small	2.35	Cocoa Butter Facial Bar	3.5
				vegan vanilla fudge	2.25							Cole & Co. Conditioner	1.7	Saler's Preserves (jams, chutneys, pickles, mustards)	3.95	Tube Tea Infusers	2.5	Ayurvedic Soap Bar	2.5	Ayurvedic Soap Bar	3.5
												SESI Conditioner	1.5	Chickpea Flour 250g	2.3	Reusable Tea Bags	0.8	Wooden Dish Brush	2.6	Steel Soap Saver Bag	3.5
												AlterNative Conditioner Bar	5.4	Plain White Flour 1kg	1.8	Coconut Bowl	9.95	Wooden Dish Brush (with replace	3.95	Hand Crocheted Soap Bag	6
													White Spelt Flour 1kg	3.2	Wooden Bowl	2.2	Refill Dish Brush Head	2.2	Makeup Remover Pads x10	9.95	
													Einkorn Flour 1kg	3.2	Bamboo Bowl	3.65	Wooden Pot Brush	4.25	Hand Crocheted Makeup Remover Pads x3	8	
													Gluten Free Plain White Flour 1kg	1.9	Bag of Pegs	4	Vegetable Brush	5.5	Handmade Makeup Remover Cloths x7	10	
													Buckwheat Flour 1kg	3.2	Wooden pegs	5	Scrubbing Brush	6.5	Konjac Sponge x1	3.75	
														The Nut Sack	9	Marseille Soap Block	5.65	Konjac Sponge x4	15		
														Charcoal Water Filters x4	4.4			Coffee & Cedarwood Shaving Soap	3.5		
														Handmade Pyrography Coaster	13			Shea Butter Shaving Soap	12.99		
														Sub Sandwich Bags x30	4.7			Beard Oil	14		
														Sandwich Bags x 48	4.6			Ceramic Foot Pumice	4		
														Large Baking Cups x60	2			Handmade Goddess Statue	16		
														I Am Ecoist Steel Bottle	17			Handmade Soap Bars	4.5		
														I am Ecoist Double Tie Lunchbox	21.99			Bath Bombs	4		
														I am Ecoist Leakproof Containers x 4	24.99			Bites Bag Gift Selection	12.5		
														Circular & Co. 8oz Reusable Cup	12.95			Nourishing Facial Oil	14		
														Circular & Co. 12oz Reusable Cup	13.95			Grapefruit Body Scrub	10		
														Circular & Co. NOW 12oz Reusable C	4.95			Rejuvenating Face Cream	18		
														Solar Sailer Stainless Steel Tumbler	7			Revised Same Eye Maske	3.6		
														Stainless Steel Tumbler (child's)	2.5			Wooden Hairbrush	10.45		
																		Wooden Mini Hairbrush	5.99		
																		Wooden Styling Comb	6.99		
																		Wooden Short Hair Comb	9.6		
																		Natsacare Paritylers			
																		Natsacare Pads			